

To: Director of Athletics.
Faculty Athletics Representatives.
Senior Woman Administrators.
Head Team Physicians.
Head Athletic Trainers.
Student-Athlete Affairs Administrators.
Head Coaches.
Conference Commissioners.

From: Brian Hainline, Chief Medical Officer

The NCAA Sport Science Institute announces the release of online [Mental Health Education Modules](#) to its member institutions and conference offices.

Student-athletes, coaches and faculty athletics representatives play a critical role in creating an environment that supports the mental health and well-being of college athletes. That's why the SSI developed web-based educational modules with these constituent groups in mind, to help normalize and destigmatize mental health help seeking for college athletes. These modules complement the education recommendations identified in the interassociation [Mental Health Best Practices](#) document.

Recipients of this memo are encouraged to share this resource with colleagues, SAAC representatives and coaching staff members on their campus so that all of the core constituent groups noted above may complete these important educational modules.

This resource can be accessed by [clicking here](#) or by visiting the Sport Science Institute website at www.ncaa.org/mentalhealth.